Molasses Cookies

This is the 21st century version of grandma's molasses cookies. They're light with a zing!

Ingredients:

½ cup coconut sugar
¼ cup molasses
¼ cup almond butter
¼ cup butter
1 egg
½ tsp. baking soda
1 tsp. Vanilla extract
¼ tsp. Cardamom
¼ tsp. Celtic salt
1 cup teff flour
¼ cup green banana flour

Method of preparation:

Preheat the oven to 350°F.

• Using a handheld mixer, cream the butter, molasses, and sugar together on medium speed until fluffy, about 5 minutes. Add the almond butter and whip another minute or so. Beat in the egg and vanilla just until smooth.

• In a medium bowl, whisk together the flour, salt, baking soda, and cardamom. In 1/3 increments, mix the dry into the wet, mixing just until the batter is thoroughly moistened.

• Drop the batter by teaspoons on a baking sheet about 2 inches apart. Sprinkle granulated sugar on top. Bake 12 minutes, until the tops are cracked.

• Remove from the oven and transfer to a cooling rack.